

# 5 REASONS TO VACCINATE YOUR CHILD AGAINST FLU

**1. Protect your child.** The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.

**2. Protect you, your family and friends.** Flu spreads easily. Vaccinating your child will help protect more vulnerable family and friends.

**3. No injection needed.** The nasal spray is painless and easy to have.

**4. It's safe.** The nasal spray helps protect against flu, it has a good safety record and millions of children in the UK have been vaccinated safely and successfully.

**5. It works.** Help your child be like the 'Protect'asaurus and stomp out flu with the free flu vaccine.

## What should I do?

Children aged 2 and 3 (as of 31 August 2021) will be given the flu vaccination at their GP surgery. If you haven't heard from your practice during October please get in touch with them. If your child is at primary school or secondary school (up to year 11) you will receive information asking you to give your consent so your child can have their free vaccination at school. Please remember to complete the consent process as soon as possible. All children up to the age of 18 with a high risk health condition, and those who live with someone who has, can get the free flu vaccine from their GP.

**For more information visit:** [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)



# #DOYOURBIT

Be like the 'Protect'-asaurus and stomp out flu  
with the free kids' flu vaccine

#getthefluvaccine